



slow days
sunny skies
sweet treats
& simple
pleasures

LIFE IS
BETTER
OUTSIDE



AUTUMN ROSEWOOD

paper treasures for a
slow & beautiful life

COTTAGECORE

Picnic

JUNK JOURNAL KIT

PRINTABLE SUMMER EPHEMERA
& PAPER TREASURES

a collection inspired by
summer picnics,
strawberries, wildflowers
& cottage days

PICNIC DAY
ADMIT ONE
No. 042518

MADE WITH LOVE BY
Autumn Rosewood



Tags & Labels



Strawberry Shortcake

INGREDIENTS

- 2 cups fresh strawberries
- 2 tbsp sugar
- 2 cups all-purpose flour
- 1/4 cup sugar
- 1 tsp baking powder
- 1/2 tsp salt
- 1/2 cup cold butter
- 3/4 cup milk
- 1 tsp vanilla extract
- whipped cream

DIRECTIONS



Grandma's Lemonade

INGREDIENTS

- 1 cup lemon juice
- 1 cup sugar
- 4 cups cold water
- lemon slices
- ice
- fresh mint (optional)



From the Kitchen



Picnic Menu

- Strawberry Salad
- Cucumber Sandwiches
- Cheese & Crackers
- Lemonade
- Fresh Berries
- Berry Pie



Baked with Love



Kitchen Notes



Homemade Strawberry Jam

INGREDIENTS

- 4 cups strawberries
- 2 cups sugar
- 2 tbsp lemon juice

MADE ON: _____



Farm Fresh Eggs



Today's Special

- good food
- good company
- sunshine
- laughter
- memories

Brown Sugar Oatmeal Cookies

INGREDIENTS

- 1 cup butter, softened
- 1 cup brown sugar
- 1/2 cup sugar
- 2 eggs
- 1 tsp vanilla
- 2 cups flour
- 1 tsp baking soda
- 1/2 tsp salt
- 2 cups oats

DIRECTIONS



Baking Temperatures

- 225°F – 110°C
- 250°F – 120°C
- 275°F – 140°C
- 300°F – 150°C
- 325°F – 160°C
- 350°F – 175°C
- 375°F – 190°C
- 400°F – 200°C
- 425°F – 220°C
- 450°F – 230°C



Notes from the Heart



Made with Love





A Perfect Picnic
good food
sunny skies
fresh flowers
laughter
sweet company
simple pleasures



PICNIC DAY
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Little things
make
happy
days

WILD FLOWERS.
They bloom whether
you walk by
or not—
a gentle reminder
to keep growing
anyway.

sweet
as
summer



GOOD TIMES
AND TAN LINES



Fresh
Picked
Happiness



Strawberry
Fields
Forever

To my dearest friend,
Thank you for being
part of my picnic
in this beautiful
journey we call life.



NOTE TO SELF
Take time for
the little things



Bloom
where you
are
planted



the fields,
the smell of
clover,
wind,
and
and
thee,
der itoß
con: friend,



MARKET DAY
Date:
Finds:

Collect moments, not
things.

Every day
is a fresh
start



♥ COTTAGECORE PICNIC ♥

PRINTABLE EPHEMERA
FOR JOURNALING,
CRAFTING & MEMORY
KEEPING

Nature & Botanicals



Picnic Checklist

- picnic blanket
- basket
- napkins
- plates & cups
- cutlery
- sandwiches
- fruit
- lemonade
- flowers
- book
- sunscreen
- bug spray
- camera

Market List

- strawberries
- lemons
- fresh bread
- butter
- eggs
- honey
- greens
- flowers

Summer Plans

- go on more picnics
- visit the farmers market
- pick wildflowers
- bake something sweet
- read more books
- watch the sunset
- make memories

Don't Forget

-
-
-
-
-
-
-
-
-
-

Things to Do

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Today's Plans

7 am _____

9 am _____

11 am _____

1 pm _____

3 pm _____

5 pm _____

7 pm _____

9 pm _____

Grocery List

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Little Reminders

- drink water
- take breaks
- ♥ be kind to yourself
- enjoy the moment
- breathe deeply

Notes

Important

Today I Will

In Season

- strawberries
- cherries
- peas
- lettuce
- herbs
- wildflowers

FRESH AIR
♥ CLEAR MIND
HAPPY HEART

GOOD DAYS
ARE MADE OF
SIMPLE THINGS

Weekly Plan

MON	_____
TUE	_____
WED	_____
THU	_____
FRI	_____
SAT	_____
SUN	_____

Habit Tracker

	M	T	W	T	F	S	S
drink water							
read							
go outside							
move							
be grateful							
eat well							
rest							

Grateful For

1. _____
2. _____
3. _____
4. _____
5. _____

Slow
down
and enjoy
the simple
things

♥ QUOTES & TINY TREASURES ♥

COTTAGECORE PICNIC



PAPER TREASURES

Autumnrosewood.com ♡



PICNIC BASKET & SUMMER GATHERINGS

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LETTERS FROM THE MEADOW

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AFTERNOON TEA & LEMONADE

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